

## 51 Encouraging Phrases That Your Child Needs To Hear

1. I love you
2. You are loved
3. Don't be afraid to be yourself - EVER
4. You worked so hard!
5. I know you can do it!
6. I believe in you
7. You are SMART
8. That's OK
9. You are so great at \_\_\_\_\_
10. I am listening
11. Don't give up
12. Let's hang out - Just the two of us
13. Keep up the good work
14. Shake it off and let's try again
15. I am grateful for you
16. Always believe in yourself
17. I'm here
18. I'm proud of you
19. It's Ok to feel \_\_\_\_\_ (emotion)
20. Think for yourself - do not just agree with everyone
21. I understand you
22. We ALL make mistakes
23. How did that make you feel? (Let them embrace emotion without fear)
24. My life is better because of you
25. Do things that make you happy and you will do them well
26. It is okay to fall
27. That's a great question
28. I KNEW you could do it! (high-five)
29. I love the way you handled that situation
30. Stand up for yourself (without being disrespectful or mean)
31. Let's try that again
32. How can I help?
33. You are my WORLD
34. You are so handsome/beautiful
35. You make me laugh
36. You have potential
37. You are a good friend
38. You are very thoughtful
39. I LOVE that idea!
40. You have amazing gifts
41. You can achieve anything, if you are willing to put in the work
42. Your opinion matters
43. Use your skills for good things
44. What you did for \_\_\_\_\_ (person) was kind
45. "Oh the places you will go"
46. That was very courageous of you
47. I love it when you \_\_\_\_\_
48. You are such a blessing
49. We make a great team
50. I love spending time with you
51. You make me HAPPY