

## STUDENT CONDUCT & THE WHOLE CHILD

Maria Montessori once said, "To let the child do as he likes when he has not yet developed any powers of control is to betray the idea of freedom." Throughout her life as a pioneer in education, Maria frequently emphasized the need for boundaries amongst the freedoms bestowed upon children. As stated in our School-Family Compact, it is fundamental for the entire Walden Green community to support our Behavior Rubric guidelines ("boundaries") in order to help develop each child's sense of responsibility and accountability. All children make mistakes at some point; whether it's hurtful conduct or disruptive/off-task behavior. But at Walden Green, we view mistakes as golden opportunities to learn. To abandon these learning moments is to abandon the child. A large component of our research-based Behavior Rubric System is to engage children in a reflective process that seeks to identify some of the motivations for their particular actions. Yet our approach to addressing student conduct goes well beyond the Student Behavior Report forms that are sent home. Here is a brief list of school-wide strategies and tools that systematically support the social/emotional growth of our students:

- grace and courtesy" lessons (focused on etiquette and manners)
- community gatherings (most mornings, often student led)
- team building activities and challenges that require cooperation and collaboration
- role play scenarios (focusing on conflict resolution skills)
- peace songs (utilizing music at All School Sing to cultivate compassion and wisdom)
- peer mentoring (across classrooms and grade levels)
- service learning (projects and excursions into the local community)
- interdisciplinary units that highlight global justice, fairness and peace
- "bystander" training (equipping students to stand up for others with dignity)
- "confronting friends" training (promoting healthy dialogue between friends)
- "the peacemaker's path" (visual step by step tool to help peer conflicts)
- "the solution wheel" (8 different choices for students to practice being problem-solvers)
- "time to think" forms (reflective tool for getting at the "heart" of a behavior)

As you can see, the holistic development of each child is one of our primary goals. Providing a safe and nurturing learning environment is foundational for us to be successful. Therefore, we intervene when any level of misconduct occurs because every child in every class has the right to come to Walden Green without the fear of being disrespected as an individual or disrupted as a learner. We expect all families to support us in this vision. The mutual partnership between home and school is often the catalyst for a child's success in education. We are here to support your child with our dynamic program and personnel. We deeply appreciate your support and commitment from home.

### **OUR BEHAVIOR RUBRIC SYSTEM**

Dear Parents/Guardians,

As part of an ongoing effort to enhance the peaceful learning environment at our school, we utilize a prevention program to reduce mean and aggressive behavior and bullying. This program includes staff training, student training and parent education based on the work of Dr. Marcia McEvoy - a widely recognized expert in the field of school aggression and bullying prevention. This program trains the staff on policies and procedures for intervening consistently using a shared common language with specific consequences for aggressive behavior. Our program implements a school-wide **behavior rubric system** based on precise conduct standards. Specific consequences have been developed for specific kinds of aggressive behavior. Students in schools with a rubric-based approach know how discipline is handled and are clear on the expectations for behavior in a variety of school settings. The program also focuses on how to model, teach, and reinforce pro-social behaviors such as respect for others, caring and empathic behaviors, in building positive relationships with other students and staff members.

The student components of the program teaches students how to both identify and effectively respond to behavior, and how to get adult help if they're proactive responses are not stopping it. Just as important, students are taught in many strategies and how to be a "good bystander" when they are watching someone getting picked on or socially isolated. Bystander training is critical and changing students' behavior and In shaping positive social norms.

Sometimes when a school implements this kind of program, the response from outside the school is that the school is being "too picky" or that aggressive behavior is "just kids being kids." However, the **research is clear**: *if a school consistently addresses the small stuff, they seldom see behavior escalate into more serious forms of aggression*. Our ultimate goal is to make all students feel safe and help them reach their full potential. We have a broad definition of mean teasing and other hurtful behaviors to be able to "sweat the small stuff." We know that aggressive behavior can come with the guise of "just kidding" or "we were just horsing around" types of behaviors. We also know that the recipients of this type of behavior seldom interpret it in the same benign fashion and are frequently negatively affected by it.

Please review and become familiar with the supplemental resources included in this communication. They will provide additional detail on components of our program.





# **RESTORATIVE JUSTICE PRACTICES**

Restorative Justice (RJ) is a critical component of our Peace Education curriculum. In conjunction with our comprehensive Behavior Rubric System, Restorative Justice is implemented when mean or hurtful behavior has occurred between members of our Walden Green community. Restorative Justice is a systematic approach used to model, teach, and reinforce pro-social behaviors. The goal of this intervention is to nurture problem-solving skills, empathy, accountability, and cooperation with others.

In December 2016, Governor Rick Snyder signed a law that requires Michigan schools to consider using **restorative practices** as an alternative to zero-tolerance policies like suspension or expulsion, which have been shown to have an array of damaging effects on certain student populations. This law supports many of the beliefs and practices that we already have in place at Walden Green to promote a peaceful school. For example, Restorative Justice incorporates a student-led peer mediation group. Each year a small cohort of Capstone (6th-8th year) students are trained in the process of Restorative Justice and then function as mediators in student conflicts or behavior infractions school-wide.

Research shows that peer mediation fosters self-regulation, self-esteem, and self-discipline in youth; and that mediation skills transfer to family and neighborhood conflicts, helping youth to become better problem-solvers and more responsible citizens. These are traits and skills that Walden Green consistently emphasizes in our "whole child" approach and Peace Education curriculum.

The small group of carefully selected Capstone students are trained using a curriculum developed by the Foundation for Tolerance International and funded by the United States Institute of Peace. This curriculum teaches mediators about various types of conflict, active listening, communication skills, emotions, and how to create fair solutions in the mediation process.

The primary focus in Restorative Justice is on healing the victim, not just on the consequences for the offender. This leads to a very different set of responses to student misconduct.

Restorative Justice empowers the victim and can help begin the process of healing. Conversations that include a discussion of natural consequences and amends may serve as a first step along the road to forgiveness. They might also provide a real opportunity for offenders to understand the degree of harm they caused and to develop empathy with their victims. Such empathy is the best hope for preventing the offender from repeating the behavior.

Forgiveness is hard. It is also deeply personal. As much as we value forgiveness, we are careful not to push it on anyone. For that reason, restorative justice practitioners are careful to focus on a process of listening to and empowering victims. They don't expect specific results. Victim healing is the goal of Restorative Justice, and that healing has to happen on a path where the victim is leading. Offenders are different. Offenders offended, and Restorative Justice practitioners always work toward offender accountability, empathy, and reparation.



Mean/Hurtful Behavior is any mean look, gesture, word, or action that hurts a person's body, feelings, friendships, reputation, or property. Whether it's meant or not, it's not how you see it, but how they feel it!

Mean/Hurtful Behavior is when anyone inflicts or threatens to inflict physical or emotional injury or discomfort upon another person's body, feelings, friendships, reputation, or possessions. Injury or discomfort is based on how it is received, regardless of the intent.

### EXPECT RESPECT. MAKE POSITIVE CHOICES.

### A positive choice NEVER includes mean or hurtful...

- Looks
- Gestures
- Words
- Actions

## A positive choice NEVER includes mistreatment towards a person's...

- Body
- Feelings
- Friendships
- Reputation
- Property

WHETHER IT IS MEANT OR NOT, IT IS NOT HOW YOU SEE IT, BUT HOW THEY FEEL IT!

RESPECT AND DIGNITY FOR ALL.

### SCHOOL DEFINITION OF BULLYING:

Bullying is mean behavior that is repeated, on purpose, and involves an imbalance of power between the people involved. It is an unhealthy way to get power and control in life. Typically, 2% of a school's population are actual bullies.



# **NICE BEHAVIORS ARE...**

### KIND LOOKS

#### KIND GESTURES

#### KIND WORDS

#### KIND ACTIONS

- friendly smile
- happy face
- high five
- thumbs up
- "hello" & "hi"
- "please" & "thank you"
- sharing & caring
- helping & serving

# THAT ARE GOOD FOR MY...

### **BODY**

## personal safety

personal health

### **FEELINGS**

- happiness
- joyfulness

### **FRIENDSHIPS**

- making new friends
- keeping friends

### **PROPERTY**

- personal belongings
- school materials







### THELINE

# **MEAN BEHAVIORS ARE...**

### **MEAN LOOKS**

- eye rolling
- glaring or sneering

### **MEAN GESTURES**

**FEELINGS** 

- hand signs
- intimidation

#### **MEAN WORDS**

- name calling or teasing
- gossiping or threatening

### **MEAN ACTIONS**

- pushing or shoving
- punching or kicking

# THAT WILL HURT MY...

#### **BODY**

#### **FRIENDSHIPS**

### **PROPERTY**

- physical pain
- emotional pain
- sadness
- loneliness

- fewer friends
- losing friends
- damaged items
- loss of items

## **BEHAVIOR CONSEQUENCE RUBRIC**

(GRADES K-8TH)

BEHAVIOR	1ST TIME	2ND TIME	3RD TIME	4TH+ TIME
LEVEL 1	→ 15 Sec Intervention	→ 15 Sec Intervention	→ 15 Sec Intervention	→ 15 Sec Intervention
Behavior that disrespects or hurts the feelings of others	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report
<ul> <li>unwanted physical contact, horseplay</li> <li>repeated annoyance/distraction/disruption</li> </ul>		➡ Alternate Lunch/Recess	➡Alternate Lunch/Recess	➡ Alternate Lunch/Recess
<ul><li>name calling, teasing, rumors</li><li>rude/insensitive remarks</li></ul>		→ Time-To-Think Form	→ Time-To-Think Form	➡ Time-To-Think Form
<ul> <li>mean notes, playing a mean trick</li> <li>ignoring, delayed response, not listening</li> <li>eye-rolling, unkind/stubborn gestures</li> </ul>			⇒ Peace Talk/Apology	➡ Peace Talk/Apology
<ul> <li>taunting, provoking, bragging</li> <li>unnecessary whining/sulking/nagging</li> <li>playing keep away, excluding others</li> </ul>				→ Call Home (if needed)
LEVEL 2	■ 15 Sec Intervention	→ 15 Sec Intervention	⇒15 Sec Intervention	→ 15 Sec Intervention
Behavior that could injure others	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report	→ Behavior Report
or expresses active defiance	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	⇒ Alternate Lunch/Recess	→ Alternate Lunch/Recess
moderate physical contact*	→ Time-To-Think Form	➡ Time-To-Think Form	➡ Time-To-Think Form	→ Time-To-Think Form
<ul><li>throwing objects</li><li>threatening</li></ul>		→ Peace Talk/Apology	Peace Talk/Apology	→ Peace Talk/Apology
<ul><li>yelling, outbursts, screeching</li><li>active defiance, talking back</li></ul>			➡ Remain in Office	→ Remain in Office
<ul><li>dishonesty, distorting the truth</li><li>cheating, plagiarism</li></ul>			➡ Call Home or Go Home	→ Call Home or Go Home
<ul><li>carelessness with school property</li><li>misuse of materials or technology</li></ul>			Can Floride of Go Floride	
disregarding "friends-only" rule at school				→ Possible Suspension
LEVEL 3	→ 15 Sec Intervention	⇒ 15 Sec Intervention	⇒ 15 Sec Intervention	→ 15 Sec Intervention
Behavior that injures others or	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report
involves serious misconduct	→ Principal or Dean Visit	→ Principal or Dean Visit	⇒ Principal or Dean Visit	→ Principal or Dean Visit
	→ Remain in Office	➡ Remain in Office	→ Remain in Office	→ Remain in Office
<ul><li>severe physical contact*</li><li>biting, stabbing with any object</li></ul>	→ Call Home or Go Home	→ Call Home or Go Home	⇒ Call Home or Go Home	⇒ Call Home or Go Home
retaliation for being reported	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess
<ul><li>throwing objects with intent to hurt</li><li>stealing, destroying property</li></ul>	→ Time-To-Think Form	→ Time-To-Think Form	⇒ Time-To-Think Form	⇒ Time-To-Think Form  ⇒ Dance Tolly/Arable 77.
swearing (including nonverbal signals)	→ Peace Talk/Apology  → Peacible Supposion	⇒ Peace Talk/Apology	⇒ Peace Talk/Apology	→ Peace Talk/Apology  → Receible Supposion
<ul> <li>violent threats, purposeful intimidation</li> <li>indecent exposure</li> </ul>	→ Possible Suspension	→ Possible Suspension	⇒ Possible Suspension	→ Possible Suspension
possession of weapons or explosives	<ul><li>→ Officer Consultation</li><li>→ Possible Expulsion</li></ul>	<ul><li>→ Officer Consultation</li><li>→ Possible Expulsion</li></ul>	→ Officer Consultation  → Possible Expulsion	<ul><li>→ Officer Consultation</li><li>→ Possible Expulsion</li></ul>
harassment (racial/ethnic/sexual/religious)	1 000ibio Expuision	T 000ibio Expuision	- Coolbie Expulsion	- Coolbie Expulsion

\*physical contact: hitting, slapping, pushing, shoving, kicking, tripping, pinching, poking, kicking, spitting, scratching, choking

All forms of misconduct that take place in cyberspace (social media, texts, etc.) apply to this rubric as well

NOTE: Students often call parents if Behavior Report is not returned the next school day

STUDENT BEHAVIOR REPORT (SBR)									
STUDENT NAME:		DATE:	TIME:						
REFERRING ADULT:		GRADE:	TEACHER:						
	OBSERVER								
☐ Witnessed by Staff		☐ Reported by Students							
WHERE DID THE	BEHAVIOR OCCUR?	WHAT WAS HAPPENING	BEFORE THE BEHAVIOR?						
☐ Classroom ☐ Hallway ☐ Bathroom	☐ Playground/Recess☐ Bus/Harbor Transit☐ Other:	☐ Transitioning ☐ Ending an activity ☐ Participating in a grou	Asked to do something Unknown at this point Other:						
PLEASE CHECK	C APPROPRIATE BOX AND C	RIRCLE ALL "BELOW THE	LINE" BEHAVIORS						
unwanted physic teasing, rumors, response, not list unnecessary whi  LEVEL 2: BEHAVIOR moderate physic kicking, spitting, so active defiance, the with school property in the severe physical of the severe ph	THAT DISRESPECTS OR HU al contact, horseplay, repeat rude/insensitive remarks, me tening, eye-rolling, unkind/str ning/sulking/nagging, playing THAT COULD INJURE OTHE al contact (hitting, slapping, put tratching, choking), throwing of talking back, dishonesty, dist erty, misuse of materials or te that injures others or contact (hitting, slapping, push	ted annoyance/distraction ean notes, playing a mea ubborn gestures, taunting g keep away, excluding of the second state of the	n/disruption, name calling, in trick, ignoring, delayed g, provoking, bragging, others  VE DEFIANCE  pping, pinching, poking, ig, outbursts, screeching, plagiarism, carelessness friends-only" rule at school  CONDUCT  ng, pinching, poking, kicking,						
objects with inter violent threats, p	<i>n, choking</i> ), biting, stabbing wint to hurt, stealing, destroying art to hurt, stealing, destroying arposeful intimidation, indec al/ethnic/sexual/religious)	g property, swearing (incl							
Comments (please be spe	Comments (please be specific)								
	OCCUR	RRENCE							
1st Offense	2nd Offense 3rd	Offense 4th Offe	ense ( ) Offense						
Consequence(s):  15 second intervention time-to-think form peace talk and/or apole alternate lunch/recess time away in office:  call home or go home meeting with parent(s).	ogy hour(s)	Staff Signature: Principal or Dean Signature Parent/Guardian Signature	re:						
•	sion and/or police notification		if SBR is not returned to school)						

STUDENT REPORT FORM (5Ws)						
<b>RATTING</b> Ratting is telling an adult about a problem when you:	REPORTING  Reporting is telling an adult when you or someone else is getting hurt. It could be about a person's:					
could solve the problem yourself	□ body					
<ul><li>just want to make yourself look good</li><li>really just want your own way</li></ul>	feelings friendships					
want to get someone in trouble that you don't like	reputation property					
YOUR NAME:	DATE: GRADE:					
1) Who was involved?						
2) What happened?						
3) When did it start? (How long has it been going o	n? How often has it occurred?)					
4) Where did it happen?						
5) Witnesses? Yes No If yes,	list who saw what happened:					
Who else did you tell about this <b>pro</b>	blem? Parent? Friend? Teacher? Assistant?					
_	form. Do NOT tell any other <u>student</u> about this report.  Ible and let you know how we can best help you.					
VERBAL WARNING GIVEN TO	DATE: STAFF INITIALS:					

		E	A	C	
	PROBLEM-SOLVER	EMPATHETIC	ACCOUNTABLE	COOPERATIVE	ENGAGED
	I will be a	I will be	I will be	l will be	I will be
	PROBLEM-	EMPATHETIC	ACCOUNTABLE	COOPERATIVE	ENGAGED in my
	SOLVER instead	toward the feelings	for my actions and	with others and be	learning and in the
	of a problem-	and thoughts of	words.	willing to work	world around.
	maker.	others.		together.	
•					•
			• • • • •		

		A	C	
PROBLEM-SOLVER	EMPATHETIC	ACCOUNTABLE	COOPERATIVE	ENGAGED
• When challenges	When conflicts	When I make	When teamwork is	When work
come, I can	occur, I can seek to	mistakes, I can take	needed, I can listen	becomes difficult
<ul><li>explore different</li></ul>	listen and	responsibility	to the group, take	or less interesting,
solutions, think	understand.	rather than	turns, contribute,	I can seek ways to
<ul><li>flexibly and use</li></ul>		blaming others or	encourage, and	remain committed •
creativity to		making excuses.	follow directions.	and give my
take action.		• • • • •	• • • •	best effort.

	WALDEN GREEN MONTESSORI +	APOLOGY OF ACTION			
	NAME:	DATE:			
	Dear,				
	☐ I am sorry. Please forgive me for				
	☐ My choice was hurtful. I regret				
	☐ Please pardon me. I apologize for				
	This behavior was wrong because it's	S			
	☐ Dangerous				
	☐ Disrespectful				
)	☐ Other:				
	My behavior made you feel				
3					
	SAD MAD FRUSTRATED LEFT OUT	HURT UNCOMFORTABLE SCARED			
	Next time I will try to				
	Do you accept my apology? (have the other person decide)				
	☐ Yes				
	☐ Not at this point				
	Is there anything I can do to help? (ha	ve the <u>other</u> person choose)			
	☐ Offer a sincere apology about what happened ☐ Make me a picture or write a kind note				
	☐ Give a gentle touch such as a hug				
	☐ Say 2 nice things to me☐ Other:				
	SIGNATURES				

	WALDEN GREEN MONTESSORI + RESTORATIVE JU					STICE	
12	OFFEND	ER'S NAME	<b>:</b>		DA	ATE:	
	This beha	<b>avior was.</b> rous					
2	I was feel	JEALOUS	FRUSTRATED	LEFT OUT	HURT	UNCOMFORTABLE	SILLY
3	☐ I wante ☐ I was u	ed to get med to be fu pset abou	ny own way nny (or get It somethin t/morning a	<sup>·</sup> a reactior g:	ገ)		
	My behav	rior made MAD	you feel	LEFT OUT	HURT	UNCOMFORTABLE	SCARED
5	☐ Offer a ☐ Make y ☐ Give a	sincere a <sub>l</sub> ou a pictu	at was dand pology about the or write such as to you	out what ha a kind not	appene		
		GOING FO	ORWARD, I	AGREE T	0		

	<del>-</del>						
	WALDEN	GREEN	N MONTE	SSORI +	RESTOR	ATIVE JU	STICE
43	VICTIM'S N	IAME:			DATE:_		
	You chose  This behave  Dangeroe  Disrespe	<b>ior was.</b> us	••				
2	Your behav	rior mad MAD	rrustrated	LEFT OUT	HURT	UNCOMFORTABLE	SCARED
3	This damag	ged my		IENDSHIP	PROPERT	Y 1	RUST
4	☐ Make me	incere ap a pictur entle tou	pology abore re or write och such a	out what he a kind not	appened	1	
5	In the future Respect Respect Respect Respect Respect Respect Respect	my feelii my body my frien my prop	ngs y dship perty				万
	GOING FORWARD, I AGREE TO						



## A TIME-TO-THINK



# NAME:

### I WAS FEELING...



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пп	A	1136	

HURT

SURPRISED

I wanted to get my own way	I wanted someone to listen to me	I wanted to be left alone	I wanted to impress someone	I was hurt by:
I was upset about	I wanted others	I had a bad night/	I wanted to be funny	Other:
something else	to look at me	morning at home	(or get a reaction)	

### (BUT) I CHOSE TO...

not listen be disruptive be aggressive be disrespectful damage something

### **DETAILS**:

### (AND) I MISTREATED \_\_

'S

KIND

**SCARED** 



**GUILTY** 



UNCOMFORTABLE

SHY







FEELINGS BODY FRIENDSHIP PROPERTY TRUST

### **NEXT TIME I WILL TRY TO...**

walk away ask for help listen carefully be respectful be honest

Other:

PRACTICE POSITIVE OPTION(S) WITH ADULT (IF TIME)

### **OTHER SIDE: APOLOGY OF ACTION (IF TIME/NECESSARY)**

Child Signature: Adult Signature: Date:





**STEP** 

# MY PERSPECTIVE

FIRST: COMPLETE STEPS 1-4 INDIVIDUALLY



For me the problem is...



### This makes me feel...

angry surprised embarrassed scared frustrated

hurt confused anxious disappointed aggressive



I would like you to...



### One solution could be...

1. take turns or share 2. apologize 3. flip a coin 4. bargain or compromise

5. get help from an adult 6. avoid or postpone 7. forget about it 8. rock-paper-scissors



### DISCUSS AND AGREE UPON ONE SOLUTION TO TRY:

Student Signatures:\_\_\_\_\_ Adult Initials:\_\_\_





