

WALDEN GREEN

CLASSROOM STRATEGIES & INTERVENTIONS FOR STUDENTS HAVING DIFFICULTY WITH: POSTURE AND POSITIONING

IF YOU SEE:	TRY THIS:
CHILD LAYS HEAD ON ARM OR DESK WHEN WORKING	<ul style="list-style-type: none">• Make sure chair and desk height match child's size (feet on floor, knees and hips at a 90 degree angle, desk top at elbow height, straight back)• Provide movement breaks• Provide a move and sit cushion• Provide blocks for feet (taped phone books), if chair height is not adjustable• Have child position work near edge of work surface, tilted higher on dominant side
CHILD LAYS ON FLOOR OR NEIGHBORS DURING FLOOR ACTIVITIES	<ul style="list-style-type: none">• Allow child to sit on knees with ankles crossed under them• Position child with wall at their back• Allow child to sit in bean bag chair• Mark personal space with tape or carpet square• Limit length of time on floor