### What is our approach for students with specific behavioral needs?

In order to support students with specific behavioral needs, we implement a **Positive Behavior Support Plan**. The purpose of this intervention strategy is to monitor a child's choices throughout the day while simultaneously encouraging *safe*, *respectful*, *and responsible* decision-making. Students are selected to receive a **Positive Behavior Support Plan** based on teacher observation and data collection. The following attached documents outline various support strategies implemented by our team in order to reduce the occurrence of problematic behavior through proactive means:

- Response to Intervention: Behavioral Supports (Tier 1, 2, 3)
- Behavior Support Plan Overview
- Weekly Behavior Chart
- Behavior Response Strategies, De-Escalation Techniques
- ABC Data Form
- WGM P.E.A.C.E. Goals
- WGM Peace Education and Behavior Rubric Overview
- Time-To-Think Form, Peacemaker's Path, Student Report Form, Bystander Phrases
- ▶ At-Home Positive Behavior Chart
- ▶ The 4 Building Blocks (nutrition, sleep, nature, screen time)

We ask parents/guardians of students with specific behavioral needs to review each of these resources and become familiar with our approach to student conduct. If you have any questions, please reach out to Mark (principal) or Charles (dean of students).



### BEHAVIOR SUPPORT PLAN OVERVIEW

### **Behavior Support Plan**

- \* The student has three behavior goals:
  - \* "I followed all adult directions 1st time given (within one minute)"
  - "I used kind words/actions (people/materials)"
  - \* "I used my time wisely and completed my goals without being off-task"
- \* The student's plan is on a single sheet of paper, monitoring Monday-Friday
- The student's plan travels with him/her to each class/location in a plastic folder
- The teacher/assistant overseeing the child is responsible for delivering the folder to the next adult
- Each teacher/assistant that oversees the child is responsible for filling out the behavior plan
- The child's teacher will take a picture of the behavior plan and email it home every afternoon
- Teacher/Assistant should monitor/observe the student's choices each hour to determine points
- Rubric "points" are based on the three goals: 1 = Struggling 2 = Somewhat 3 = Mostly 4 = Definitely
- Optional: the student may put a dot under the "points" as a self-evaluation for that hour
- If the child scores at least 8 points from 8:25-11:00, he/she earns a "10-minute Free Choice" at school
- If the child scores at least 10 points from 11:00-3:00, he/she earns a "10-minute Free Choice" at school
- Interventions for specific "below the line" behaviors follow the "rounds" listed below
- Teacher/assistant may record ABCD data in the plastic folder (up to 5 entries per day for 10 days)
- \* Unfinished student work is often sent home or completed during the Weekly Wednesday Workshop

### **Behavior Rubric Protocol**

- \* All Level 2 and Level 3 behaviors will be documented using our Behavior Rubric System
- We follow our rubric steps and protocol for all students at Walden Green to ensure safety and respect
- \* All "Student Behavior Reports" will be sent home (or emailed home)
- \* All paper copies of "Student Behavior Reports" for the child will be filed at school
- \* The child will be notified of any consequences before lunch/recess or at the end of the school day
- \* If Level 2 behavior occurs, the student will have two opportunities for a Restorative Circle intervention as an alternative to other consequences
- If Level 3 behavior occurs, the child's teacher and WG Admin will meet to discuss consequences

### "Active Defiance" Intervention/Protocol:

- \* Round 1: Give 2 clear choices or "First/Then" option and start timer (30 seconds up to 5 minutes)
  - \* Round 1 bubble on Behavior Plan is filled in if the student does not comply
- Round 2: Give 2 clear choices or "First/Then" option and start timer (30 seconds up to 5 minutes)
  - \* Round 2 bubble is filled in if the student does not comply, parents are notified
- Round 3: Give 2 clear choices or "First/Then" option and start timer (30 seconds up to 5 minutes)
  - \* Round 3 bubble is filled in if the student does not comply, child goes home or remains in office
  - \* Next day: ALR, In-School Suspension, or Suspension
  - \* Note: Staff may bring all other students to the Great Room if defiance becomes disruptive

### "Disruption" Intervention/Protocol:

- \* Round 1: Redirect, offer sensory option in class
- \* Round 2: Redirect, time away in office (up to 30 minutes)
- Round 3: Redirect, time away in office (up to 60 minutes), ALR if disruption appears intentional

### "Moderate-Severe Physical Contact" Intervention/Protocol:

- \* Round 1: Call/update parents, time away in office (1 hour)
- \* Round 2: Call/update parents, child goes home or remains in office
  - \* Next day: ALR, In-School Suspension, or Suspension
  - \* Note: Staff may bring all other students to the Great Room if contact becomes dangerous

### Time Away (in Modified Workroom with Dean or Interventionist):

- \* The student quietly works on classroom goals
- \* The adult will gauge the need for: movement/sensory breaks, SEL, healthy snack, Peace Talks, etc.
- \* Movement/Sensory: Bal-A-Vis-X, Yoga, HIIT, Crash Pad, Trampoline, Bike, OT options, Fidget Tools, etc.

WALDEN GREEN	RI	RUBRIC POINTS	1 = STRUGGLING	. $2 = \text{SOMEWHAT}$	3 = MOSTLY 4 =	Definitely
MONTESSORI	TOTALS	AM: PM:	AM: PM:	AM: PM:	AM: PM:	AM: PM:
Name: Week of:	3:00-3:30	1 2 3 4	1 2 3 4	1234	1234	1 2 3 4
	2:00-3:00	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4
GOAL	1:00-2:00	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4
	12:00-1:00	1234	1234	1234	1234	1 2 3 4
▶ I followed all adult directions 1st time given	11:00-12:00	1 2 3 4	1234	1 2 3 4	1 2 3 4	1 2 3 4
(within one minute)	10:00-11:00	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4
I used kind words/actions (people/materials)	9:00-10:00	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4
I used my time wisely and completed my goals without being off-task	8:15-9:00	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4	1 2 3 4
THE	TIME	MOM	TUE	WED	THR	FRI
☐ ignoring and/or not listening, active defiance		0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
☐ disruptive		0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
☐ moderate/severe physical contact*		0 0	0 0	0 0	0 0	0 0
☐ other:						
*physical contact: hitting, slapping, pushing,		ng, kicking, tripp	shoving, kicking, tripping, pinching, poking,	spitting,	scratching, choking	
	CC	COMMENTS + NOTES	ES			
Monday:						
▶ Tuesday:						
▶ Wednesday:						
▶ Thursday:						
Friday:						
Totals: At least 10 points (AM), At least 8 points (PM) = 10 Minute Free Choice	e Choice	Staff Signature:				











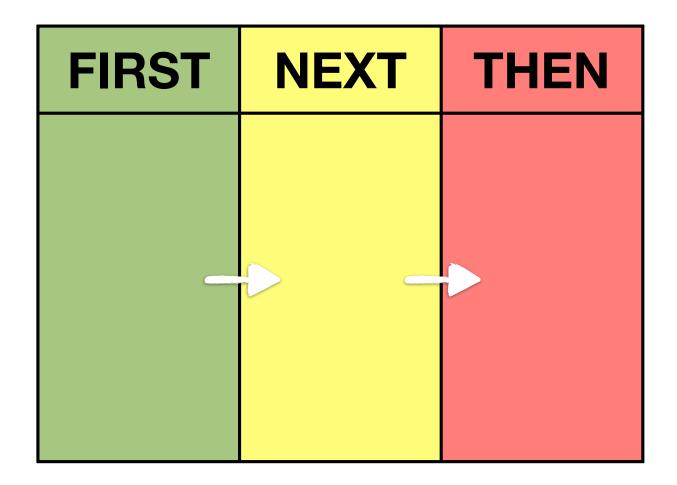


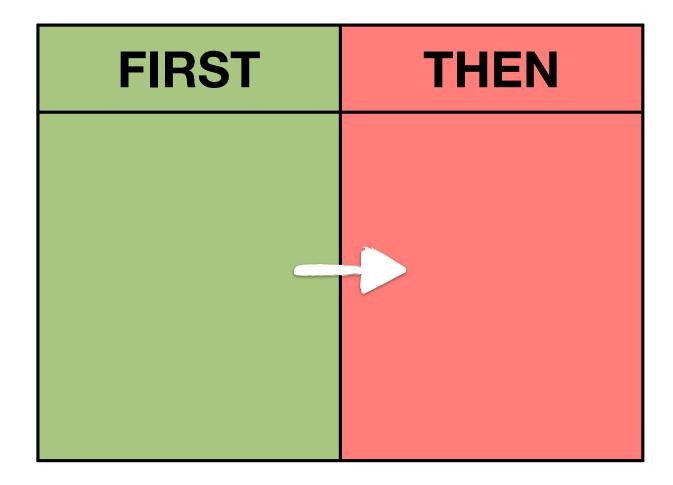














# TOP 10 DE-ESCALATION TIPS nonviolent crisis intervention





**DE-ESCALATION TIP 3** 



**DE-ESCALATION TIP 5** 

opi Cpi

**DE-ESCALATION TIP 4** 

Avoid overreacting.

🔀 cpi



**DE-ESCALATION TIP 6** 



**DE-ESCALATION TIP 7** 

cpi



**DE-ESCALATION TIP 8** 

cpi



**DE-ESCALATION TIP 9** 



**DE-ESCALATION TIP 10** 

Cpi



# **#SettingLimits: Sample Situations**

TRY SETTING POSITIVE LIMITS AND YOU'LL SEE THE EFFECTS OF OFFERING CHOICES RATHER THAN ULTIMATUMS.

# A PERSON REFUSES TO:

Do classwork.

Put phone away.

Stop yelling

More on how to set limits effectively: crisisprevention.com/settinglimits

# If you don't finish your work, **NEGATIVE LIMIT:**

you won't have any free time. If you don't put your phone

If you don't stop yelling, you'll away, you'll go to the office.

After your work is done, you'll have five minutes of free time

POSITIVE LIMIT:

phone away or go to the office? Would you like to put your

can find a solution to what's When you stop yelling, we bothering you. Cpi

# **#SettingLimits: 6 Verbal and Nonverbal Tips** TRY THESE TIPS FOR SHOWING AND TELLING SOMEONE THAT YOU'RE HERE TO HELP.

1. WATCH YOUR FACIAL EXPRESSIONS AND BODY LANGUAGE.

4. OFFER TWO POSITIVE CHOICES.

"Which do you want to work on first, nath or science?"

5. OR, GIVE AND ENCOURAGE

Do this before introducing any consequences or negative choices ONE POSITIVE CHOICE.

2. BE MINDFUL OF THE TONE, VOLUME, AND CADENCE OF YOUR VOICE.

HOW you say what you say is asimportant as WHAT you say.

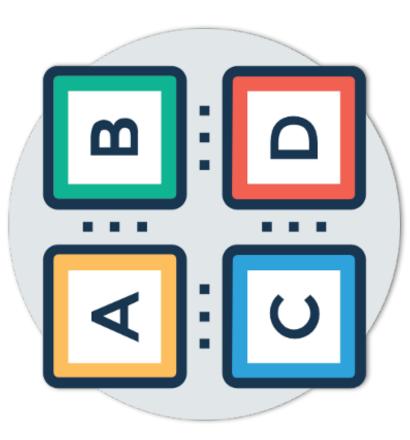
3. SAY WHAT'S ALLOWED WITHOUT TELLING THE PERSON WHAT TO DO.

6. BE PREPARED TO REDIRECT THE PERSON BACK TO THE TOPIC

If they focus on another issue, help them refocus on the desired outcome.

crisisprevention.com/settinglimits





The Behavioral Equation: Determining the Function

Behavior **B** 

Antecedent **A** 

The function of a behavior is determined by the consequences that follow the behavior.

---- CHANGE

----- SAME



О∢⊢Ш	SETTING	ANTEC	<b>A</b> Antecedent	<b>B</b> Behav	<b>B</b> Behavior	<b>c</b> Consequence	<b>D</b> Duration
	☐ group lesson ☐ individual work ☐ playground ☐ hallway ☐ bathroom ☐ specials ☐ other:	<ul> <li>□ transitioning</li> <li>□ asked to do something</li> <li>□ asked/told not to</li> <li>□ given a verbal reprimand</li> <li>□ not first/winning</li> <li>□ made to wait</li> </ul>	□ being ignored     □ peer wanted/did something     □ break in routine     □ initiating peer interaction     □ unprovoked     □ other:	□ unwanted physical contact     □ repeated annoyance/disruption     □ ignoring and/or not listening     □ rude/insensitive remarks     □ elopement/leaving     □ moderate physical contact	□ severe physical contact     □ misuse of school property     □ threatening, intimidation     □ dishonesty, distorting the truth     □ refusal to request(s)     □ other:	☐ ignored ☐ verbal redirection ☐ sensory/movement break ☐ stop sign + do-over ☐ rubric: ALR, TTT, Peace Talk, ISS ☐ other:	<pre></pre>
	☐ group lesson ☐ individual work ☐ playground ☐ hallway ☐ bathroom ☐ specials ☐ other:	<ul> <li>□ transitioning</li> <li>□ asked to do something</li> <li>□ asked/fold not to</li> <li>□ given a verbal reprimand</li> <li>□ not first/winning</li> <li>□ made to wait</li> </ul>	□ being ignored     □ peer wanted/did something     □ break in routine     □ initiating peer interaction     □ unprovoked     □ other:	□ unwanted physical contact     □ repeated annoyance/disruption     □ ignoring and/or not listening     □ rude/insensitive remarks     □ elopement/leaving     □ moderate physical contact	<ul> <li>□ severe physical contact</li> <li>□ misuse of school property</li> <li>□ threatening, intimidation</li> <li>□ dishonesty, distorting the truth</li> <li>□ refusal to request(s)</li> <li>□ other:</li> </ul>	☐ ignored ☐ verbal redirection ☐ sensory/movement break ☐ stop sign + do-over ☐ rubric: ALR, TTT, Peace Talk, ISS ☐ other:	< 1 minute   1-5 minutes   6-10 minutes
	☐ group lesson ☐ individual work ☐ playground ☐ hallway ☐ bathroom ☐ specials ☐ other:	Transitioning     asked to do something     asked/told not to     given a verbal reprimand     not first/winning     made to wait	<ul> <li>□ being ignored</li> <li>□ peer wanted/did something</li> <li>□ break in routine</li> <li>□ initiating peer interaction</li> <li>□ unprovoked</li> <li>□ other:</li> </ul>	□ unwanted physical contact     □ repeated annoyance/disruption     □ ignoring and/or not listening     □ rude/insensitive remarks     □ elopement/leaving     □ moderate physical contact	□ severe physical contact     □ misuse of school property     □ threatening, intimidation     □ dishonesty, distorting the truth     □ refusal to request(s)     □ other:	☐ ignored ☐ verbal redirection ☐ sensory/movement break ☐ stop sign + do-over ☐ rubric: ALP, TTT, Peace Talk, ISS ☐ other:	<pre>1 &lt; 1 minute 1 -5 minutes 6 -10 minutes 1 &gt; 10 minutes 1 time of day: 1 intensity: low med high</pre>
	☐ group lesson ☐ individual work ☐ playground ☐ hallway ☐ bathroom ☐ specials ☐ other:	<ul> <li>□ transitioning</li> <li>□ asked to do something</li> <li>□ asked/told not to</li> <li>□ given a verbal reprimand</li> <li>□ not first/winning</li> <li>□ made to wait</li> </ul>	being ignored     peer wanted/did something     break in routine     initiating peer interaction     unprovoked     other:	□ unwanted physical contact     □ repeated annoyance/disruption     □ ignoring and/or not listening     □ rude/insensitive remarks     □ elopement/leaving     □ moderate physical contact	<ul> <li>□ severe physical contact</li> <li>□ misuse of school property</li> <li>□ threatening, intimidation</li> <li>□ dishonesty, distorting the truth</li> <li>□ refusal to request(s)</li> <li>□ other:</li> </ul>	☐ ignored ☐ verbal redirection ☐ sensory/movement break ☐ stop sign + do-over ☐ rubric: ALR, TTT, Peace Talk, ISS ☐ other:	<pre></pre>
	☐ group lesson ☐ individual work ☐ playground ☐ hallway ☐ bathrroom ☐ specials ☐ other:	<ul> <li>□ transitioning</li> <li>□ asked to do something</li> <li>□ asked/fold not to</li> <li>□ given a verbal reprimand</li> <li>□ not first/winning</li> <li>□ made to wait</li> </ul>	<ul> <li>□ being ignored</li> <li>□ peer wanted/did something</li> <li>□ break in routine</li> <li>□ initiating peer interaction</li> <li>□ unprovoked</li> <li>□ other:</li> </ul>	□ unwanted physical contact     □ repeated annoyance/disruption     □ ignoring and/or not listening     □ rude/insensitive remarks     □ elopement/leaving     □ moderate physical contact	□ severe physical contact     □ misuse of school property     □ threatening, intimidation     □ dishonesty, distorting the truth     □ refusal to request(s)     □ other:	☐ ignored ☐ verbal redirection ☐ sensory/movement break ☐ stop sign + do-over ☐ rubric: ALR, TTT, Peace Talk, ISS ☐ other:	<ul> <li>□ &lt; 1 minute</li> <li>□ 1-5 minutes</li> <li>□ 6-10 minutes</li> <li>□ &gt; 10 minutes</li> <li>□ time of day:</li> <li>□ intensity: low med high</li> </ul>



### Walden Green Montessori



### RESPONSE TO INTERVENTION (RTI): BEHAVIORAL SYSTEMS

### **Academic Systems**

### Tier III Individual Students/Very Small Individual Students Group Intense, Durable Procedures High Intensity 1-5% 1-5% Frequent Progress Monitoring Tier II Tier II Some Students (at-risk) Some Students (at-risk) 5-10% Additional Instruction and Time Small Group Interventions Small Group Interventions Progress Monitoring Tier I Tier I All Students All Settings Universal Screening 80-90% All Students Preventive Proactive

### **TIER I BEHAVIOR SUPPORT (80-90%)**

- Peace Education Curriculum
- Behavior Rubric System
- Restorative Justice Practices
- Sensory/Movement Breaks
- Grace and Courtesy Lessons

### TIER II BEHAVIOR SUPPORT (5-10%)

- Functional Behavior Assessment
- Positive Behavior Support Plan
- Modified Recess
- Social Worker Consultation
- S.A.N.D. Club

### TIER III BEHAVIOR SUPPORT (1-5%)

- ▶ IEP Goals/Accommodations
- Functional Behavior Assessment
- Positive Behavior Support Plan
- Modified Recess
- Social Worker Services
- S.A.N.D. Club

### TIER II-III NOTES

**Behavioral Systems** 

A "Functional Behavioral Assessment" (FBA) is a process for determining the function of the child's problem behavior. It involves the collection of ABCD data, observations, and information to develop a clear understanding of the relationship of events and circumstances that trigger and maintain problem behavior.

A "Positive Behavior Support Plan" monitors a child's choices while simultaneously encouraging safe, respectful, and responsible decision-making. Positive choices are reinforced and daily progress is emailed home to parents. This plan is implemented throughout the entire school day and can be extended into the evening, until a child's bedtime.

"Modified Recess" is for students who require a smaller setting for recess. Using our Behavior Rubric, a child with two or more Level 2-3 infractions during recess will receive a small group intervention to ensure the safety and well-being of all students. The number of Level 2-3 occurrences correlate with the number of weeks a child will participate in a Modified Recess. For example, two occurrences results in 2 weeks of Modified Recess. The duration of a modified recess is equivalent to normal recess.

"S.A.N.D. Club" is our Sensory and Nutritional Development intervention. Children in this program gather daily for research-based sensory/movement breaks and nutrient dense snacks in order to optimize their school day.

## P.E.A.C.E. GOALS

AT WALDEN GREEN, WE ARE...

PROBLEM-SOLVERS

**E**MPATHETIC

ACCOUNTABLE

COOPERATIVE

ENGAGED



		A	C	
PROBLEM-SOLVER	EMPATHETIC	ACCOUNTABLE	COOPERATIVE	ENGAGED
<ul> <li>When challenges</li> </ul>	When conflicts	When I make	When teamwork is	When work
come, I can	occur, I can seek to	mistakes, I can take	needed, I can listen	becomes difficult
<ul> <li>explore different</li> </ul>	listen and	responsibility	to the group, take	or less interesting,
solutions, think	understand.	rather than	turns, contribute,	I can seek ways to
<ul> <li>flexibly and use</li> </ul>		blaming others or	encourage, and	remain committed
creativity to		making excuses.	follow directions.	and give my
take action.	• • • •	• • • • •		best effort.



**T**ired





### BEHAVIOR RESPONSE STRATEGIES (1)

### THE RIGHT QUESTIONS TO ASK

1. WHAT IS	IVING THIS STUDENT'S BEHAVIOR?	
What els	s really going on here?	
What do	this child need?	
▶ How can	hange my perspective? (seek first to understand, then to be understood)	
What kee	me only looking at the behavior?	
What is t	behavior communicating right now?	
What in	environment could be triggering this behavior?	
2. WHAT CA	DO AT THIS VERY MOMENT TO IMPROVE MY RELATIONSHIP WITH THIS STUDENT?	
▶ How can	nake this relationship <b>safe</b> for?	
Does	need me to <b>validate</b> him/her?	
	need from me?	
	espond so is <b>not</b> threatened?	
▶ How can	hysically <b>position</b> myself to create a sense of safety for?	
Can	respond to exploratory questions (not solutions I give) that show I am interested	ed?
Mow can	onvince that I truly want to <b>understand</b> his/her struggle?	
Mow can	e more authentic for?	
If I stop	ring and <b>start</b> listening, will feel like he/she has a voice?	
_	erve?	
3. Conside	VHETHER A BASIC NEED ISN'T BEING MET:	
-	kids are acting out because of an immediate need. Before you move	
	ith the Behavior Rubric, " <b>HALT</b> ," and ask yourself whether this child might r	
•	atively simple and easily provided. People can't learn or focus if they're <u>H</u> un	
	nely, or <b>Tired</b> . When we slow down and look at the bigger picture, we m	_
discover th	a student just needs <i>a snack, a break, or a hug and relational reassuranc</i>	<i>ce</i> .
"ΗΔΙΤ"	D CONSIDER WHETHER A BASIC NEED ISN'T BEING MET:	
<u>H</u> ungry	snack from home, drink of water, school snack from admin	
<b>A</b> nxious	1-5 minute sensory break, legs up the wall, yoga, deep breathing	
<b>L</b> onely	adult ally check-in, lunch date, assign a peer partner/mentor	

Staff response if another student questions any "special" treatment of others: "So \_\_\_\_\_ will have his/her needs met" or "They're getting what they need"

snack, movement break, 10-15 minute rest







### BEHAVIOR RESPONSE STRATEGIES (2)

### RESPONDING INSTEAD OF REACTING

TRADITIONAL REACTIONS	THOUGHTFUL RESPONSES	
"Go to the principal's office."	"I'm here. You're not in trouble."	
"You're a big kid now and you need to learn to deal with it."	"I don't want you alone in this. Let me help you."	
"Stop crying."	"It's okay to feel."	
"You're so dramatic."	"You need to be heard."	
"Stop being so needy."	"What is it you need help with?"	
"You need to learn to be responsible."	"Let's chunk this down so it is more manageable."	
"I can't help you because I have 30 other children here."	"We'll get through this together. Everyone is important."	
"Don't you talk to an adult like that!"	"You're allowed to have a voice. Let's talk together."	
"Stop whining."	"I want to understand you better. Use your voice."	
"You should never have acted like that."	"Sometimes life just gets to big, doesn't it?"	
"Your parents will be contacted. Wait until they find out."	"Let's get everyone involved to support you."	
"Act your age."	"This is too big to keep to yourself."	
"You're old enough to handle this on your own."	"Let's handle this together."	
"Grow up."	"I'm here to support you."	
"You need to behave because you're in my classroom."	"I am here to make it safe for you."	
"You need to be like"	"You have your own talents and strengths."	
"Nobody is going to like you if you keep misbehaving."	"I know you want to be well-liked, so let's make that happen."	





### A PEACEFUL EDUCATION

Dear Parents/Guardians,

As part of an ongoing effort to enhance the peaceful learning environment at our school, we utilize a prevention program to reduce mean and aggressive behavior and bullying. This program includes staff training, student training and parent education based on the work of Dr. Marcia McEvoy - a widely recognized expert in the field of school aggression and bullying prevention. This program trains the staff on policies and procedures for intervening consistently using a shared common language with specific consequences for aggressive behavior. Our program implements a school-wide behavior rubric system based on precise conduct standards. Specific consequences have been developed for specific kinds of aggressive behavior. Students in schools with a rubric-based approach know how discipline is handled and are clear on the expectations for behavior in a variety of school settings. The program also focuses on how to model, teach, and reinforce pro-social behaviors. It emphasizes problem solving skills, empathy, accountability, and cooperation with others.

The student components of the program teaches students how to both identify and effectively respond to behavior, and how to get adult help if they're proactive responses are not stopping it. Just as important, students are taught in many strategies and how to be a "good bystander" when they are watching someone getting picked on or socially isolated. Bystander training is critical and changing students' behavior and In shaping positive social norms.

Sometimes when a school implements this kind of program, the response from outside the school is that the school is being "too picky" or that aggressive behavior is "just kids being kids." However, the research is clear: if a school consistently addresses the small stuff, they seldom see behavior escalate into more serious forms of aggression. Our ultimate goal is to make all students feel safe and help them reach their full potential. We have a broad definition of mean teasing and other hurtful behaviors to be able to "sweat the small stuff." We know that aggressive behavior can come with the guise of "just kidding" or "we were just horsing around" types of behaviors. We also know that the recipients of this type of behavior seldom interpret it in the same benign fashion and are frequently negatively affected by it.

Please review and become familiar with the supplemental resources included in this document. They will provide additional detail on components of our program.

Thank you for your continued support and partnership from home!





### OUR BEHAVIOR RUBRIC SYSTEM & THE WHOLE CHILD

Maria Montessori once said, "To let the child do as he likes when he has not yet developed any powers of control is to betray the idea of freedom." Throughout her life as a pioneer in education, Maria frequently emphasized the need for boundaries amongst the freedoms bestowed upon children. As stated in our School-Family Compact, it is fundamental for the entire Walden Green community to support our Behavior Rubric guidelines ("boundaries") in order to help develop each child's sense of responsibility and accountability. All children make mistakes at some point; whether it's hurtful conduct or disruptive/off-task behavior. But at Walden Green, we view mistakes as golden opportunities to learn. To abandon these learning moments is to abandon the child. A large component of our research-based Behavior Rubric System is to engage children in a reflective process that seeks to identify some of the motivations for their particular actions. Yet our approach to addressing student conduct goes well beyond the Student Behavior Report forms that are sent home. Here is a brief list of school-wide strategies and tools that systematically support the social/emotional growth of our students:

- "grace and courtesy" lessons (focused on etiquette and manners)
- community gatherings (most mornings, often student led)
- team building activities and challenges that require cooperation and collaboration
- role play scenarios (focusing on conflict resolution skills)
- peace songs (utilizing music at All School Sing to cultivate compassion and wisdom)
- peer mentoring (across classrooms and grade levels)
- service learning (projects and excursions throughout the local community)
- interdisciplinary units that highlight global justice, fairness and peace
- for others with dignity) "bystander" training (equipping students to stand up for others with dignity)
- "confronting friends" training (promoting healthy dialogue between friends)
- "the peacemaker's path" (visual step by step tool to help peer conflicts)
- "the solution wheel" (8 different choices for students to practice being problem-solvers)
- "time to think" forms (reflective tool for getting at the "heart" of a behavior)

As you can see, the holistic development of each child is one of our primary goals. Providing a safe and nurturing learning environment is foundational for us to be successful. Therefore, we intervene when any level of misconduct occurs because every child in every class has the right to come to Walden Green without the fear of being disrespected as an individual or disrupted as a learner. We expect all families to support us in this vision. The mutual partnership between home and school is often the catalyst for a child's success in education. We are here to support your child with our dynamic program and personnel. We deeply appreciate your support and commitment from home.





### **RESTORATIVE JUSTICE PRACTICES**

Restorative Justice (RJ) is a critical component of our Peace Education curriculum. In conjunction with our comprehensive Behavior Rubric System, Restorative Justice is implemented when mean or hurtful behavior has occurred between members of our Walden Green community. Restorative Justice is a systematic approach used to model, teach, and reinforce pro-social behaviors. The goal of this intervention is to nurture problem-solving skills, empathy, accountability, and cooperation with others.

In December 2016, Governor Rick Snyder signed a law that requires Michigan schools to consider using **restorative practices** as an alternative to zero-tolerance policies like suspension or expulsion, which have been shown to have an array of damaging effects on certain student populations. This law supports many of the beliefs and practices that we already have in place at Walden Green to promote a peaceful school. For example, Restorative Justice incorporates a student-led peer mediation group. Each year a small cohort of Capstone (6th-8th year) students are trained in the process of Restorative Justice and then function as mediators in student conflicts or behavior infractions school-wide.

Research shows that peer mediation fosters self-regulation, self-esteem, and self-discipline in youth; and that mediation skills transfer to family and neighborhood conflicts, helping youth to become better problem-solvers and more responsible citizens. These are traits and skills that Walden Green consistently emphasizes in our "whole child" approach and Peace Education curriculum.

The small group of carefully selected Capstone students are trained using a curriculum developed by the Foundation for Tolerance International and funded by the United States Institute of Peace. This curriculum teaches mediators about various types of conflict, active listening, communication skills, emotions, and how to create fair solutions in the mediation process.

The primary focus in Restorative Justice is on healing the victim, not just on the consequences for the offender. This leads to a very different set of responses to student misconduct.

Restorative Justice empowers the victim and can help begin the process of healing. Conversations that include a discussion of natural consequences and amends may serve as a first step along the road to forgiveness. They might also provide a real opportunity for offenders to understand the degree of harm they caused and to develop empathy with their victims. Such empathy is the best hope for preventing the offender from repeating the behavior.

Forgiveness is hard. It is also deeply personal. As much as we value forgiveness, we are careful not to push it on anyone. For that reason, restorative justice practitioners are careful to focus on a process of listening to and empowering victims. They don't expect specific results. Victim healing is the goal of Restorative Justice, and that healing has to happen on a path where the victim is leading. Offenders are different. Offenders offended, and Restorative Justice practitioners always work toward offender accountability, empathy, and reparation.



"It is easier to build strong children than to repair broken men."
- Frederick Douglass

Mean/Hurtful Behavior is any mean look, gesture, word, or action that hurts a person's body, feelings, friendships, reputation, or property. Whether it's meant or not, it's not how you see it, but how they feel it!

Mean/Hurtful Behavior is when anyone inflicts or threatens to inflict physical or emotional injury or discomfort upon another person's body, feelings, friendships, reputation, or possessions. Injury or discomfort is based on how it is received, regardless of the intent.

### EXPECT RESPECT. MAKE POSITIVE CHOICES.

### A positive choice NEVER includes mean or hurtful...

- Looks
- Gestures
- Words
- Actions

### A positive choice NEVER includes mistreatment towards a person's...

- Body
- Feelings
- Friendships
- Reputation
- Property

WHETHER IT IS MEANT OR NOT, IT IS NOT HOW YOU SEE IT, BUT HOW THEY FEEL IT!

RESPECT AND DIGNITY FOR ALL.

### SCHOOL DEFINITION OF BULLYING:

Bullying is mean behavior that is repeated, on purpose, and involves an imbalance of power between the people involved. It is an unhealthy way to get power and control in life. Typically, 2% of a school's population are actual bullies.

### **BEHAVIOR CONSEQUENCE RUBRIC**

(GRADES K-8TH)

	•	,		
BEHAVIOR	1ST TIME	2ND TIME	3RD TIME	4TH+ TIME
LEVEL 1	→ 15 Sec Intervention			
Behavior that disrespects or hurts the feelings of others	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report
<ul> <li>unwanted physical contact, horseplay</li> <li>repeated annoyance/distraction/disruption</li> </ul>		→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess
<ul><li>name calling, teasing, rumors</li><li>rude/insensitive remarks</li></ul>		➡ Time-To-Think Form	➡ Time-To-Think Form	➡ Time-To-Think Form
<ul> <li>mean notes, playing a mean trick</li> <li>ignoring, delayed response, not listening</li> <li>eye-rolling, unkind/stubborn gestures</li> </ul>			➡ Peace Talk/Apology	➡ Peace Talk/Apology
<ul> <li>taunting, provoking, bragging</li> <li>unnecessary whining/sulking/nagging</li> <li>playing keep away, excluding others</li> </ul>				➡ Call Home (if needed)
LEVEL 2	⇒ 15 Sec Intervention	⇒ 15 Sec Intervention	➡ 15 Sec Intervention	⇒ 15 Sec Intervention
Behavior that could injure others	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report	⇒ Behavior Report
or expresses active defiance	⇒ Alternate Lunch/Recess	⇒ Alternate Lunch/Recess	⇒ Alternate Lunch/Recess	→ Alternate Lunch/Recess
	➡ Time-To-Think Form	➡ Time-To-Think Form	■ Time-To-Think Form	➡ Time-To-Think Form
<ul><li>throwing objects</li><li>inappropriate drawings or words</li></ul>		→ Peace Talk/Apology	→ Peace Talk/Apology	→ Peace Talk/Apology
<ul><li>yelling, outbursts, screeching, threatening</li><li>active defiance, talking back</li></ul>		, .	⇒ Remain in Office	Remain in Office
<ul><li>dishonesty, distorting the truth</li><li>cheating, plagiarism</li></ul>			⇒ Call Home or Go Home	→ Call Home or Go Home
<ul><li>carelessness with school property</li><li>misuse of materials or technology</li></ul>			- Call Home of Go Home	
disregarding "friends-only" rule at school				→ Possible Suspension
LEVEL 3	→ 15 Sec Intervention			
Behavior that injures others or	⇒ Behavior Report	→ Behavior Report	→ Behavior Report	⇒ Behavior Report
involves serious misconduct	➡ Principal or Dean Visit			
C. roo con cac inicoonado	➡ Remain in Office	→ Remain in Office	→ Remain in Office	➡ Remain in Office
severe physical contact*	→ Call Home or Go Home			
<ul><li>biting, stabbing with any object</li><li>retaliation for being reported</li></ul>	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess	→ Alternate Lunch/Recess
throwing objects with intent to hurt	➡ Time-To-Think Form	➡ Time-To-Think Form	➡ Time-To-Think Form	→ Time-To-Think Form
<ul><li>stealing, destroying property</li><li>swearing (including nonverbal signals)</li></ul>	→ Peace Talk/Apology	→ Peace Talk/Apology	→ Peace Talk/Apology	➡ Peace Talk/Apology
violent threats, purposeful intimidation	→ Possible Suspension	→ Possible Suspension	→ Possible Suspension	➡ Possible Suspension
indecent exposure	→ Officer Consultation	→ Officer Consultation	→ Officer Consultation	→ Officer Consultation
<ul> <li>possession of weapons, explosives, drugs</li> <li>harassment (racial/ethnic/sexual/religious)</li> </ul>	→ Possible Expulsion	→ Possible Expulsion	→ Possible Expulsion	→ Possible Expulsion
*nhysical contact: hitting slanning nushir	na shovina nunchina	trinning ninching noki	na kickina snittina sa	rotohing oboking

\*physical contact: hitting, slapping, pushing, shoving, punching, tripping, pinching, poking, kicking, spitting, scratching, choking

All forms of misconduct that take place in cyberspace (social media, texts, etc.) apply to this rubric as well

NOTE: Students often call parents if Behavior Report is not returned the next school day

	STUI	DENT BEHAVI	OI	R REPORT (	(SBR)
STUDENT NAM	ΛE:		DA	ATE:	TIME:
REFERRING A	DULT:		GF	RADE:	TEACHER:
		OBS	ERVE	ER	
☐ Witnessed	by Staff			Reported by Students	
WHERI	E DID THE E	BEHAVIOR OCCUR?	W	HAT WAS HAPPENING	BEFORE THE BEHAVIOR?
☐ Classroom ☐ Hallway ☐ Bathroom		☐ Playground/Recess☐ Bus/Harbor Transit☐ Other:	000	Transitioning Ending an activity Participating in a group	Asked to do something Unknown at this point Other:
PLEA	SE CHECK	APPROPRIATE BOX AND	CIRC	LE ALL "BELOW THE L	INE" BEHAVIORS
b unwan teasing respon	ted physica g, rumors, r se, not liste	THAT DISRESPECTS OR HU al contact, horseplay, repea ude/insensitive remarks, m ening, eye-rolling, unkind/s ning/sulking/nagging, playir	ited a lean tubb	annoyance/distraction/o notes, playing a mean orn gestures, taunting,	disruption, name calling, trick, ignoring, delayed provoking, bragging,
moder kicking, outbur, cheatir	ate physica <i>spitting, scr</i> sts, screech ng, plagiaris	THAT COULD INJURE OTHE I contact (hitting, slapping, p ratching, choking), throwing oning, threatening, active de sm, carelessness with school	ushir objec fianc	ng, shoving, punching, trip cts, inappropriate drawi ce, talking back, dishon	oping, pinching, poking, ings or words, yelling, nesty, distorting the truth,
severe  spitting objects violent	physical co , scratching, s with intent threats, pu	THAT INJURES OTHERS OF contact (hitting, slapping, push choking), biting, stabbing w to hurt, stealing, destroyin rposeful intimidation, indec at (racial/ethnic/sexual/religion	hing, vith a ng pro cent	shoving, punching, trippinany object, retaliation foo operty, swearing (includ	ng, pinching, poking, kicking, or being reported, throwing ding nonverbal signals),
Comments (ple	ease be spec	pific)			
		occul	RREI	NCE	
1st Offen	se	2nd Offense 3rd	Offe	ense 4th Offer	nse ( ) Offense
alternate lu time away i call home o	ntervention k form and/or apolo nch/recess n office: r go home	_ hour(s)	Pri	aff Signature:ncipal or Dean Signature	:
suspension	•	out-of-school): day(s) on and/or police notification			TEACHER - THANKS! SBR is not returned to school)

WALDE	N GREEN MONTESSORI	K-8TI	H RUBR	IC ~ OC	CURRE	NCES			TYP	ICAL C	ONSEQ	JENCE	PROTO	COL		
LEVEL	BEHAVIOR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15+
1	unwanted physical contact, horseplay repeated annoyance/distraction/disruption name calling, teasing, rumors rude/insensitive remarks mean notes, playing a mean trick ignoring, delayed response, not listening eye-rolling, unkind/stubborn gestures taunting, provoking, bragging															
	unnecessary whining/sulking/nagging playing keep away, excluding others															
2	moderate physical contact* throwing objects inappropriate drawings or words yelling, outbursts, screeching, threatening active defiance, talking back dishonesty, distorting the truth cheating, plagiarism carelessness with school property misuse of materials or technology disregarding "friends-only" rule at school							<b>+</b>		"g	ross n	nisden	Code neano bedien	."		
3	severe physical contact*  biting, stabbing with any object  throwing objects with intent to hurt  stealing, destroying property  swearing (including nonverbal signals)  violent threats, purposeful intimidation  retaliation for being reported  indecent exposure  possession of weapons/explosives/drugs  harassment (racial/ethnic/sexual/religious)	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD

<sup>\*</sup> physical contact: hitting, slapping, pushing, shoving, punching, tripping, pinching, poking, kicking, spitting, scratching, choking

Peace Talk	Peace Talk or ALR	Alternate Lunch/Recess	In-School Suspension	Out-of-School Suspension	Expulsion



### **NICE BEHAVIORS ARE...**

### KIND LOOKS

### KIND GESTURES

### KIND WORDS

### KIND ACTIONS

- friendly smile
- happy face
- high five
- thumbs up
- "hello" & "hi"
- "please" & "thank you"
- sharing & caring
- helping & serving

### THAT ARE GOOD FOR MY...

### **BODY**

personal safetypersonal health

### **FEELINGS**

- happiness
- joyfulness

### **FRIENDSHIPS**

- making new friends
- keeping friends

### **PROPERTY**

- personal belongings
- school materials







### THE LINE

### MEAN BEHAVIORS ARE...

### **MEAN LOOKS**

- eye rolling
- glaring or sneering

### **MEAN GESTURES**

- hand signs
- intimidation

### **MEAN WORDS**

- name calling or teasing
- gossiping or threatening

### MEAN ACTIONS

- pushing or shoving
- punching or kicking

### THAT WILL HURT MY...

### **BODY**

### FEELINGS

### **FRIENDSHIPS**

### **PROPERTY**

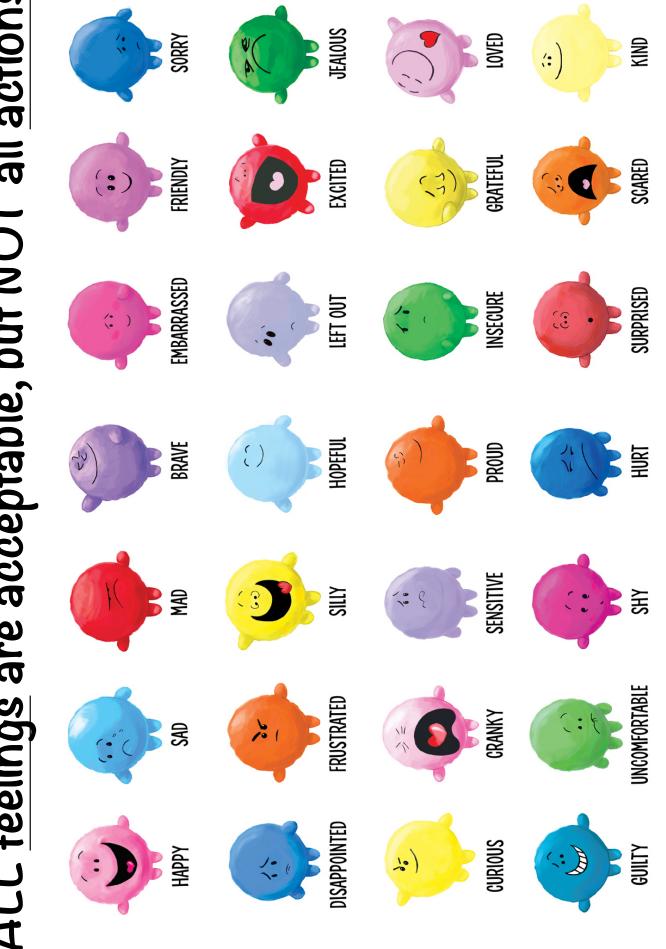
- physical pain
- emotional pain
- sadness loneliness

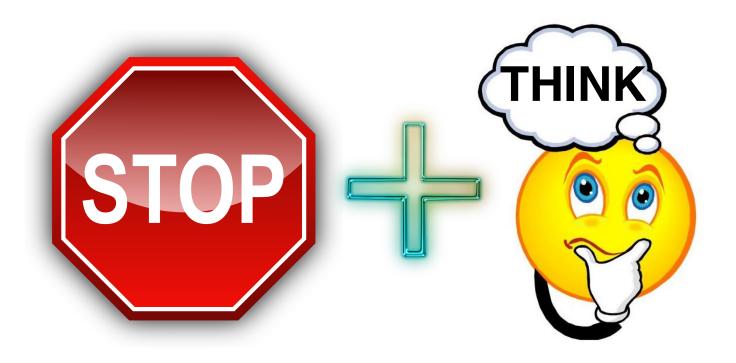
- fewer friends
- losing friends

### - damaged items

- uamageu items
- loss of items

# ALL feelings are acceptable, but NOT all actions.





IS IT SAFE?
IS IT RESPECTFUL?





IS IT DANGEROUS?



IS IT DISRESPECTFUL?



### A TIME-TO-THINK



### NAME:

### I WAS FEELING...



DE	$\triangle$	USF.	
пп		U.3 E	

HURT

SURPRISED

l wanted to get my own way	I wanted someone to listen to me	I wanted to be left alone	I wanted to impress someone	I was hurt by:
I was upset about	I wanted others	I had a bad night/	I wanted to be funny	Other:
something else	to look at me	morning at home	(or get a reaction)	

### (BUT) I CHOSE TO...

not listen be disruptive be aggressive be disrespectful damage something

### **DETAILS**:

### (AND) I MISTREATED \_\_\_\_

SHY

'S

KIND

**SCARED** 



**GUILTY** 



UNCOMFORTABLE







FEELINGS BODY FRIENDSHIP PROPERTY TRUST

### **NEXT TIME I WILL TRY TO...**

walk away ask for help listen carefully be respectful be honest

Other:

PRACTICE POSITIVE OPTION(S) WITH ADULT (IF TIME)

### **OTHER SIDE: APOLOGY OF ACTION (IF TIME/NECESSARY)**

Child Signature: Adult Signature: Date:

	WALDEN GREEN MONTESSORI +	APOLOGY OF ACTION
	NAME:	DATE:
	Dear,	
	☐ I am sorry. Please forgive me for	
	☐ My choice was hurtful. I regret	
)	☐ Please pardon me. I apologize for	
	This behavior was wrong because it	's
	☐ Dangerous	
	☐ Disrespectful	
	☐ Other:	
	My behavior made you feel	
	SAD MAD FRUSTRATED LEFT OUT	HURT UNCOMFORTABLE SCARED
	Next time I will try to	
	Do you accept my apology? (have the	other person decide)
	☐ Yes	
	☐ Not at this point	
	Is there anything I can do to help? (h	ave the <u>other</u> person choose)
	☐ Offer a sincere apology about what	
	Make me a picture or write a kind no	ote
	Give a gentle touch such as a hug	
)	☐ Say 2 nice things to me☐ Other:	
	SIGNATURES	

B	REFLECT + RESTORE NAME: DATE:			
	I chose to  This behavior was  Dangerous  Disrespectful			
2	I was feeling  MAD JEALOUS FRUSTRATED LEFT OUT HURT UNCOMFORTABLE SILLY			
3	Because  ☐ I wanted to get my own way ☐ I wanted to be funny (or get a reaction) ☐ I wanted attention ☐ I was upset about something: ☐ Other:			
	My behavior made you feel  SAD MAD FRUSTRATED LEFT OUT HURT UNCOMFORTABLE SCARED			
5	Is there anything I can do to help? (have the other person choose)  Offer a sincere apology about what happened  Make me a picture or write a kind note  Give a gentle touch such as a hug  Say 2 nice things to me  Other:			
GOING FORWARD, I NEED TO				





**STEP** 

### MY PERSPECTIVE

FIRST: COMPLETE STEPS 1-4 INDIVIDUALLY



For me the problem is...



### This makes me feel...

angry surprised embarrassed scared frustrated

hurt confused anxious disappointed aggressive



I would like you to...



### One solution could be...

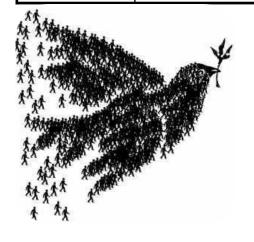
1. take turns or share 2. apologize 3. flip a coin 4. bargain or compromise

5. get help from an adult 6. avoid or postpone 7. forget about it 8. rock-paper-scissors



### DISCUSS AND AGREE UPON ONE SOLUTION TO TRY:

Student Signatures:\_\_\_\_\_ Adult Initials:\_\_\_\_\_







STUDENT REPORT FORM (5Ws)					
<b>RATTING</b> Ratting is telling an adult about a problem when you:	REPORTING  Reporting is telling an adult when you or someone else is getting hurt. It could be about a person's:				
<ul><li>☐ could solve the problem yourself</li><li>☐ just want to make yourself look good</li></ul>	□ body				
☐ just want to make yourself look good ☐ really just want your own way	feelings friendships				
want to get someone in trouble that you don't like	reputation property				
YOUR NAME:	DATE: GRADE:				
1) Who was involved?					
2) What happened?					
3) When did it start? (How long has it been going on? How often has it occurred?)					
4) Where did it happen?					
5) Witnesses? Yes No If yes,	list who saw what happened:				
Who else did you tell about this <b>problem</b> ? Parent? Friend? Teacher? Assistant?					
Thank you for taking the time to fill out this form. Do NOT tell any other <u>student</u> about this report. We will contact you as soon as we are able and let you know how we can best help you.					
VERBAL WARNING GIVEN TO	DATE: STAFF INITIALS:				

BE A GOOD	BY	'STANDER
Knock it off.		That is not cool.
Cut it out.		That's annoying.
Quit it.		Give it up.
Just stop.		Lay off.
That's mean.		What did that do for you?
That's rude.		That's cold.
Back off.		That's harsh.
Chill out.		Enough.
Relax.		That's lame.
Ease up.		Step off.
That makes you look bad.		Calm down.
Nobody likes that.		Chillax.
That's messed up.		That's unnecessary.
That's just wrong.		End it.
What's up with that?		Seriously? Wow.
That's getting old.		That's low.
That's getting boring		Really?

EDUCATION FOR THE WHOLE CHILD

# Please <u>EXCLUDE</u> the following from <u>ALL</u> lunches and snacks:

- Highly sugared foods (candy, gum, chocolate/granola bars, sugary cereal, fruit snacks, Go-Gurt, cookies, etc.)
- Highly processed foods (fast food, snack chips such Doritos/Cheetos, Cheez-Its, Pop Tarts, white bread, etc.)
- Soda of any of kind and sweetened drinks (Kool-Aid, Capri Sun, Gatorade, Sunny Delight, chocolate milk, etc.)
- "Juice" that isn't 100% juice (many students drink water)
- Foods with excessive additives and preservatives (Lunchables, Twinkies, Kid Cuisine, etc.)
- Food items difficult to open or use



### THE 4 BUILDING BLOCKS

### NUTRITION

### SLEEP

eat mostly real food, whole food eliminate or minimize added sugar eliminate or minimize processed foods increase healthy fats (polyunsaturated, monounsaturated) Y5/K/1st: 10-13 hours

2nd-8th: 9-12 hours

keep weekends/breaks within an hour of the usual time sleep improves attention, behavior, learning, and memory

### MATURE

### SCREEN TIME

time in nature is vital to children's health and development nature can reduce stress and increase attention spans nature promotes creativity and imagination nature provides different stimulation and gets kids moving

no more than 1 hour per day remove all devices/technology from bedroom all children require ample face-to-face interaction designate media-free times, such as dinner or driving



WALDEN GREEN MONTESSORI **EDUCATION FOR** THE WHOLE CHILD