

LEARNING FROM MISTAKES



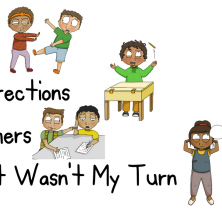
Name: _____

1. What happened?

- ☐ Said Something Unkind
- ☐ Took Something That Wasn't Mine
- ☐ Left Without Permission
- ☐ Did Something Unsafe
- ☐ Damaged Property or Misused Materials



- ☐ Hurt Someone
- ☐ Didn't Follow Directions
- ☐ Distracted Others
- ☐ Talked When It Wasn't My Turn
- ☐ SOMETHING ELSE: _____



2. How did you FEEL at the time?

- ☐ Worried
- ☐ Sad
- ☐ Lonely
- ☐ SOMETHING ELSE: _____

- ☐ Frustrated
- ☐ Envious
- ☐ Excited

- ☐ Happy
- ☐ Angry
- ☐ Bored

3. What were you THINKING at the time?

- ☐ Wanted to Be Included or Belong
- ☐ Was Full of Energy and Needed to Move
- ☐ Didn't Understand the Lesson
- ☐ Needed Attention and Connection
- ☐ SOMETHING ELSE: _____

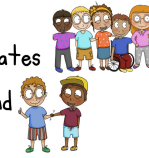


- ☐ Was Stressed About Something
- ☐ Wanted to Get Away or Be Left Alone
- ☐ Wanted to Have Fun
- ☐ Thought Something Was Unfair
- ☐ Wished I Had Something



4. Who else was affected?

- ☐ Classmates
- ☐ A Friend



- ☐ My Teacher
- ☐ My Family



- ☐ SOMEONE ELSE: _____

5. How might they feel?

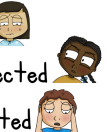
- ☐ Concerned
- ☐ Surprised
- ☐ Afraid
- ☐ SOMETHING ELSE: _____



- ☐ Disappointed
- ☐ Caring
- ☐ Angry

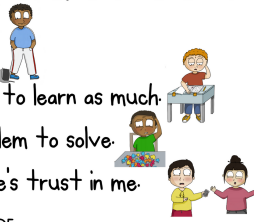


- ☐ Hurt
- ☐ Disrespected
- ☐ Frustrated



6. What were the consequences of your actions?

- ☐ I feel worse.
- ☐ I wasn't able to learn as much.
- ☐ I have a problem to solve.
- ☐ I lost someone's trust in me.
- ☐ SOMETHING ELSE: _____



- ☐ Someone's body was hurt.
- ☐ Someone's feelings were hurt.
- ☐ Others couldn't learn as much.
- ☐ I lost a privilege.
- ☐ SOMETHING ELSE: _____



7. How can you try to make it better?

- ☐ Apologize
- ☐ Complete My Work



- ☐ Do Something Kind
- ☐ Clean Up



- ☐ SOMETHING ELSE: _____

8. What can you do next time?

- ☐ Take Deep Breaths or Count to 20
- ☐ Focus On My Work
- ☐ Take a Break to Get Calm
- ☐ Keep My Hands and Feet to Myself
- ☐ Ask to Take a Movement Break
- ☐ Ask a Grown-Up For Help
- ☐ Stop and Think Before I Do Something
- ☐ Ask to Use or Share Something
- ☐ Use Kind Words
- ☐ Listen and Pay Attention
- ☐ Say How I Feel and What I Want
- ☐ Follow Directions
- ☐ Stay Where I'm Supposed To Be
- ☐ SOMETHING ELSE: _____

9. What thought would be helpful for you to remember?

- ☐ I WILL LEARN FROM THIS MISTAKE.
- ☐ I BELIEVE IN MYSELF TO MAKE GOOD CHOICES.
- ☐ I MADE A MISTAKE, BUT I AM STILL AWESOME.
- ☐ THIS IS HARD, BUT I CAN DO HARD THINGS.
- ☐ SOMETHING ELSE: _____

10. What else might help you?

- ☐ Use Reminder Cards
- ☐ Practice What to Do Next Time
- ☐ Try a Do-Over
- ☐ Talk With a Grown-Up
- ☐ SOMETHING ELSE: _____

 WALDEN GREEN MONTESSORI + APOLOGY OF ACTION NAME: _____ DATE: _____	
	Dear _____, <input type="checkbox"/> I am sorry. Please forgive me for... <input type="checkbox"/> My choice was hurtful. I regret... <input type="checkbox"/> Please pardon me. I apologize for...
	This behavior was wrong because it's... <input type="checkbox"/> Dangerous <input type="checkbox"/> Disrespectful <input type="checkbox"/> Other: _____
	My behavior made you feel... <div style="display: flex; justify-content: space-around; align-items: center;">  SAD  MAD  FRUSTRATED  LEFT OUT  HURT  UNCOMFORTABLE  SCARED </div>
	Next time I will try to... _____ Do you accept my apology? (have the <u>other</u> person decide) <input type="checkbox"/> Yes <input type="checkbox"/> Not at this point
	Is there anything I can do to help? (have the <u>other</u> person choose) <input type="checkbox"/> Draw you a picture <input type="checkbox"/> Write you a kind note <input type="checkbox"/> Say 2 nice things to you <input type="checkbox"/> Give you a hug or handshake <input type="checkbox"/> Other: _____
SIGNATURES	